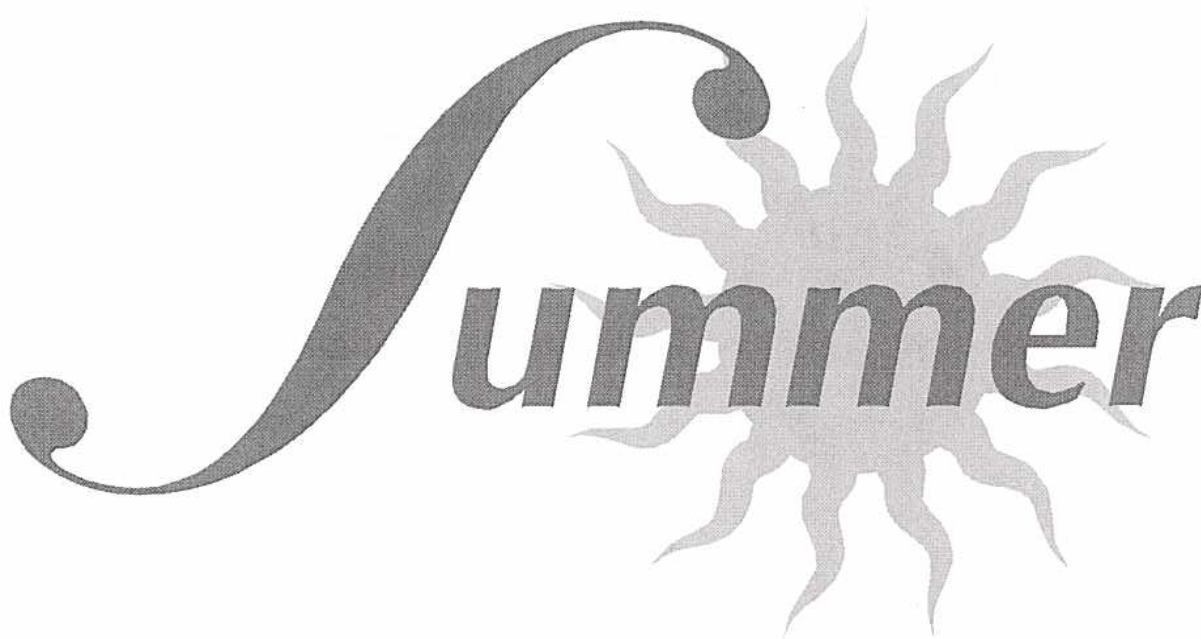


Salisbury Parks & Recreation Department

MISSION STATEMENT

To provide quality leisure services through safe, attractive, maintained parks and diversified programs that meet the current and future needs of the community.



2005 BROCHURE

City Park Center
704-638-5295

Hall Gym
704-638-5289

Administration
704-638-5291



Civic Center
704-638-5275

Miller Center
704-638-5297

Marketing & Community Relations
704-638-2113

www.SalisburyNC.org/pkrec

Special Event

7th Annual 5K Race

Run/Walk for the Greenway

(coed all ages)

Come out and support the Salisbury Greenway project. Both runners and walkers welcomed. This 3.1-mile course will take you through a small portion of the completed Greenway. All pre-registered participants guaranteed a t-shirt. Twelve age divisions from 14 & under to 65 & over.

Register by: 7/14 for \$15 at Hall Gym or race day for \$20

Date: Saturday, 7/16 at 8 a.m.

Location: Knox Middle School



CLASSES ARE LISTED BY CENTER LOCATION YOUTH/ADULT

CITY PARK CENTER

704-638-5295

Jeff Holshouser

Talita McCain

YOUTH PROGRAMS

Summer Pre-Camp

Get ready to start the summer off right with City Park's summer pre-camp. There will be lots of fun activities, arts and crafts, and exciting trips for children to enjoy! Spaces will fill up fast. Don't be left out, sign up today!

Registration begins: Monday, 4/11 for city residents only

Open registration: 4/18

Dates: 5/26-5/27

Cost: \$25 wk/city \$50 wk/non-res.



Summer Camp

Summer Camp at City Park is "The Place to Be." Children ages 5-12 get ready for 13 weeks of fun, exciting and educational day camps. Camp will offer a wide variety of activities including arts & crafts, swimming, games, movies, guest speakers and field trips. Participants will also receive a T-shirt and box lunches.

Registration begins Monday, 4/11 for CITY Residents only.

Open registration: Monday, 4/18

Dates: Monday - Friday, 5/31-8/24

7:30 a.m. - 5:30 p.m.

Cost: \$55 wk/city \$110 wk/non-res.

Call 704-216-PLAY
for Parks &
Recreation info!!!



PLAYGROUND PROGRAMS

Kids, are you tired of sitting at home bored all day? Well come out to the park to enjoy fun games and activities with friends! A nutritional lunch will be provided at no charge Register at playground site.

Tuesday, 6/6 - 8/12 10 a.m.-1 p.m.

Site locations: Cannon Park, Jersey City Park, Lincoln Park and Long Street Park

Cheer America

Young Olympians - Rock Hood

Cheer America at City Park gets better and better with each season! This 13 week program helps girl's ages 4-14 improve their self-esteem, coordination and motor skills. Girls learn basic fundamentals and fun routines while promoting, fitness, artistic expression, competitive spirit, confidence and poise. This class will fill up fast so don't miss out!

Register: Thurs., 5/26 6-6:45 p.m. for new students

6:45-7:30 p.m. for returning students

Dates: Thurs., 6/2 - 8/25 6-7:30 p.m.

Cost: \$5 /class or \$75 session

Martial Art Classes (Tae Kwon Do)

Instructor: Joe Girdler

The art is comprised of fighting techniques that use punching, kicking, joint locking and throwing, as well as vital point nerve striking techniques. Students learn how to defend against unarmed opponents, multiple attackers and threats from armed attacks. Students will learn foot working as well as striking. These classes are for boys & girls ages 5 & over.

Registration: on going

Dates: Mondays, 6:30-7:20 p.m.

Cost: \$55/month (2 classes per week)

\$110 /month non-res.

\$40 month (1 class per week)

\$80 month non-res.

Super Saturday

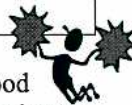
Come out to the park and enjoy fun times with friends and neighbors. There will be fun games, good conversation, friendly competition, and ice cream. This will be a great chance to get to know other members of your community.

Location: Long Street Park

Date: Saturday, 6/18

no charge

2-4 p.m.



Dance Camp I

Hurry in to sign up for City Park's second summer of dance camp. At dance camp participants will learn the basics and fundamentals of jazz, tap, and ballet. This camp will also focus on teaching confidence and stage presence. Participants will also enjoy fun activities and trips. Breakfast and lunch provided. Don't be left out!

Register: no later than 1 week in advance

Camp date: 6/27-7/1

7:30 a.m.- 5:30 p.m.

Cost: \$60 wk. city \$120 wk. non-res.



Dance Camp II

Get ready for the second session of City Park's summer dance camp. Participants will have even more fun learning the basics and fundamentals of jazz, tap and ballet. The camp is designed to help develop confidence and stage presence. Participants will also enjoy a variety of fun activities and trips.

Breakfast and lunch provided. Sign up today.

Register: no later than 1 week in advance

Camp date: 7/11-7/15

7:30 a.m.- 5:30 p.m.

Cost: \$60 wk. city \$120 wk. non-res.

Mail in Poetry Contest

Wal-Mart and Salisbury Parks and Recreation will sponsor a Summer Mail in Poetry Contest. Express your thoughts and feelings with words and win a \$25 gift certificate from Wal-Mart. The theme is **Summer**.

Entries should be mailed in along with \$2 entry fee to: Salisbury Parks & Recreation, Attn: City Park, P.O. Box 4053, Salisbury, NC 28145-4053. Entries must be post marked no later than 8/19. Winners will be announced



After School Program

City Park Center offers one of the best after school programs in town! If you need a safe and fun place for your children to go after school give us a call. We will provide assistance with homework, arts and crafts, outdoor activities, field trips, and lots of fun and games. Sign up today and give us a try. Space is limited.

Dates: Monday - Friday during school year.

2:30 - 5:30 p.m.

Cost: \$20 wk/city \$40 wk/non-res.

ADULT PROGRAMS

Over 40 Aerobics

Class conducted via video tape.

Are you middle aged and looking for a great place to get some exercise? If so, come to City Park and enjoy the benefits of this low impact aerobic workout. Enjoy exercising while socializing. Get your heart pumping and your blood flowing. The best part is you get to make new friends and it's FREE.

Registration: on going

Dates: Mon. & Thurs., May-Aug.

9:30 - 10:30 a.m. no charge



Oil Painting

Instructor: Patricia Miller

Come and learn the techniques from Bob Ross, "Joy of Painting", as seen on TV. Patricia Miller, certified Ross instructor will guide you in creating your very own masterpiece. Limited space, register now. Participants need only to bring 16x20 piece of stretched canvas. All other supplies provided.

Register: no later than 1 week in advance

Dates: Thursdays, 5/5, 6/2, 7/7, 8/4

Saturdays, 5/14, 5/28, 6/11, 6/25, 7/16, 7/30, 8/13, 8/27 10 a.m. - 5 p.m.

Cost: \$25 class/city \$50 class/non-res.

Scrapbook Workshop

Coordinator: Andrea Shuping

Scrapbooking workshop including instructive "Crop Talk" lessons. Scrapbookers bring their books and supplies to work on. Lunch is provided. Register in advance: 704-633-5086. Registration must be made at least 4 days prior to workshop dates.

Dates: Sat., 5/24, 6/11, 7/9 & 8/13

Time: 10 a.m. - 3 p.m.

Cost: \$12 class



Latin Dance Class

Would you like to learn some new dance moves or a totally different dance style altogether? Well come on down to the Latin dance class and get started. You can learn the Salsa, Bachata, Merenque, and Cumbia. You'll enjoy a comfortable laid back atmosphere with other beginners and friendly instruction. Don't hesitate, call or come by to sign up today. Don't forget to bring friend.

Register: one week in advance

Dates: Tuesdays, 5/3-6/7 1st session

6/28-8/2 2nd session

6:30 - 7:30 p.m.

Cost: \$30/\$50 couple/city

\$60/\$100 couple non-res.

One Stroke Painting

Instructor: Denise Koehn



Come to City Park and learn "One Stroke" painting as developed by Donna Dewberry and seen on PBS. Learn how to blend, shade, and highlight with one stroke of the brush. You will be amazed at how easy it is, and have a great time completing your very own project. All supplies will be provided. Spaces are limited. Sign up today.

Register: one week in advance

Dates: Saturdays, 5/7, 6/4, 6/18 7/9, 7/23, 8/6, 8/20 10 a.m. - 12:30 p.m.

Cost: \$35 class/city \$70 class/non-res.

Fashion Show

The Salisbury Parks and Recreation Dept. will host a children's fashion show extravaganza! Come out and have fun showing off your best fashions and creative style. Parents of children up to 12 yrs. Old that are interested in participating should contact City Park Center.

Pre-registration required to participate.

Date: Wednesday, 7/20 6:30 p.m.

TENNIS

Group Lessons

Instructor: Richard Reinholz

704-637-2587

Group lessons offered for children and adults. Grab a friend and come learn the sport of tennis. Registration: on going. Dates: May-August

Beginners: Mondays & Fridays

5:30 - 6:30 p.m. Saturdays, 9-10 a.m.

Intermediate/Advanced:

Fridays, 5:30 - 6:30 p.m.

Saturdays 10-11 a.m.

Cost: \$5 class/city \$10 class/non-res.

City

\$20 1 class per week/month

\$40 3 classes per week/month



USTA Tennis Clinics

Instructor: Jeff Childress, Eric Proctor, Lindsay Hampton

The Salisbury Parks & Recreation Department along with USTA will offer two sessions of Tennis Clinics for males & females ages 5 & over. All participants need to pre-register at City Park Center. Each class will be limited to 20 participants. This program received the USTA Southeast Regional Service Award in 2003. Pre-registration is required.

Session I

Dates: Tuesdays & Thursdays 6/7-7/7

Ages 5-12 from 5:30 - 6:30 p.m.

Ages 13 & over from 6:30 - 7:30 p.m.

Session II

Dates: Tuesdays & Thursday 7/19-8/18

Ages 5-12 from 5:30 - 6:30 p.m.

Ages 13 & over from 6:30 - 7:30 p.m.

Cost: \$3 class or \$25 per session



Free Tennis Clinic

The Salisbury Parks and Recreation Department will offer a free tennis clinic for anyone who is interested in playing tennis. If you don't have a racquet, one will be provided.

Register: at City Park by 7/6

Date: Monday, 7/11

6-7 p.m.

USTA 18 & under Tennis Tournament (singles & doubles)

The Salisbury Parks & Recreation Dept. and Kiwanis Club will sponsor a USTA Jr. Open Tournament for boys & girls 18 & under. All players must be a USTA member to participate.

Register: 5/2-6/20 or on line

www.nctennis.com

Dates: 6/24-6/26

Cost: \$25 singles \$15 doubles

CIVIC CENTER

704-638-5275

Rodney Harrison

Paul Moore

YOUTH PROGRAMS

Westside vs. Eastside Community Games Series IV

"Obstacle Course Challenge" (ages 8-14)

Back by community demand....taking place on the Eastside. Come one...come all....

An obstacle course challenge is the sport of choice for the summer community games series. This is the first match-up for this sport and it is sure to be exciting and continue great friendships within the East and West communities. Families are welcome to come and enjoy a fun filled game.

Registration: on going

Date: Thursday, 6/23

6-7:15 p.m.

Cost: \$1 city \$2 non-res.

Crescent Cloggers

Beginners, intermediate & advanced classes for all ages

Instructor: Ginger Fagan

Join Ginger and Salisbury's own Crescent Cloggers this summer. This popular clogging group is open to all ages and offers clogging classes for 3 skill levels. With over 13 years of teaching and competitive experience,

Ginger instructs a variety of fun clogging routines that inspire any age level you can imagine. The cloggers perform at various festivals and outings throughout the year. Sign up today.

Beginners: This class is broken down into rhythm, basic clogging steps & routine so that it may be easily learned in a comfortable atmosphere.

Intermediate: Class refines clogging into more fun steps and dances.

Advanced: Class is geared at a faster pace for the real "energetic" type!

Open registration: begins in May

Class dates: Wednesdays, May – August

Intermediate: 5:30 p.m.

Advanced: 6:00 p.m.

Beginner: 6:30 p.m.

Cost: City: \$4 person/mo. or \$14 per season

\$3 person/mo., (2 or more) \$20 season

Non-res: \$8 person/mo. or \$30 season

\$6 person/mo., (2 or more) \$40 season

Girl's Stuff (ages 5-12)

Coordinator: Christy Cook

For girls only. We will be making hair accessories and necklaces.

Register by: 5/31

Date: Tuesday, 6/7

2-4 p.m.

Cost: \$3 city \$6 non-res.

All American Fishing Derby (ages 5-16)



GET HOOKED ON FISHING! Got skills? Special gifts for all participants. Win gift certificates, fishing gear and other prizes. Three major attractions – BIG FISH, Casting and I Caught a Fish contest. **Register by:** 6/3

Date: Saturday, 6/11

8:30 a.m. - 12 noon

no charge

Location: Salisbury Community Park

935 Hurley School Road

Crafts –R- Crafty (ages 5-12)

We will be doing some fun summer crafts, sun catchers, painting bird houses and more!

Register by: 6/21

Date: Tuesday, 6/28

2-4 p.m.

Cost: \$4 city \$8 non-res.

USTA Tennis Clinics (ages 13 & up)

Who's the next Andre Agassi or Venus Williams ...Is it you? This clinic is FREE. Tennis racquets and balls provided. We want beginners – others are welcome. Great sport and an excellent way to get and stay fit.

Register by: 7/6

ages 13 & up

Date: 7/13

6-7 p.m.

Civic Center courts

Got Cageball?

Come see what Cageball is all about. Cageball is a 5 ft. lightweight ball that is used in so many recreation activities that kids and adults alike love to play. We'll play a variety of games that will be sure to leave you wanting to play more. Come see if you "Got Cageball" during July – National Parks & Recreation month.

Register by: 7/9

Dates: Tues. & Thurs.

7/19 & 7/21

5:30-6:30 p.m.

no charge

Back to School Fun Dance

Salisbury Parks and Recreation along with Crescent Cloggers invite you to its first ever Back to School Fun Dance. The dance is open to anyone who loves the clog dance. There will be exhibitions by various clogging groups, fun routines taught for all ages, as well as games and prizes to give away. Food & refreshments will be provided at the dance. If you enjoy clog dancing or you just love to watch them, come out and enjoy the fun dance and clog the night away.

Date: Saturday, 8/20

6-10 p.m.

Cost: \$5 for dancers \$2 for spectators

2005 Back to School Bike Parade & Rodeo



Celebrate the new school year by decorating your bike, wagon, or stroller. Participants must wear a helmet. After the Towne Creek parade, we will have a bike rodeo in the Civic Center parking lot. Prizes will be awarded for PreK-5th graders and overall best.

Register by: 9/6

Date: Saturday 9/10

10 a.m. -12 noon

Raindate: Saturday, 9/17

no charge

ADULT/FAMILY PROGRAMS

Family Wallyball Fun Nights

Get your family or team together and play wallyball at the Civic Center on Tuesday & Thursday nights for the summer! Wallyball is a fun sport played much like volleyball. The only major difference between the two is that you can use the walls and it makes the game more exciting. Teams will have the opportunity to contact each other to set up times to play at their convenience. At the end of the summer, we'll put together a tournament just for you and see who will be crowned Salisbury's Wallyball Champions!

Register: during the month of May

Dates: Tues. & Thurs. May – August

Entry fee: \$30 per family team/city (must have 3 players) \$60 non-res.



Salisbury Open Tennis Tournament (men's & women's)

The Civic Center is ready to crown new tennis champions on the only public clay courts in the state. The tournament will be single elimination; however each participant is guaranteed two matches. There are four divisions available: Men's & Women's 40 & under, and Men's & Women's 40 & over. Format will be best 2 or 3 sets with tiebreakers at 6 all. Trophies will be awarded in each division. Refreshments will be provided and door prizes to be given away. So gear up and get ready for great tennis action on the Best Tennis Courts in Salisbury! Call the Civic Center for more info.

Register by: Monday, 5/18

Date: Saturday, 6/4

First round matches may be played Friday evening depending on number of entries.

Brackets available on Wednesday, 6/1

1st round begins at 9 a.m.

Entry fee: \$15 per person

Fibromyalgia Support Group Program

If you are or someone you know has Fibromyalgia, come join our Fibromyalgia Support Group program. The group meets twice a season to discuss the issues and share knowledge that surrounds FMS. We often have speakers at our meetings to provide alternative and helpful lifestyle to those affected.

Meeting date: Thurs., 5/12, 7/28 & 9/29
6-7 p.m. no charge

Bicycle Club

Spring into action this summer with Salisbury Parks & Recreation Bicycle Club. We encourage anyone with an interest to join our Club and Fun Rides held each week. Safety is a top priority so helmets are required to ride. If you have questions call Jerry Shelby at 704-636-8482 or Paul Moore 704-638-2139. We encourage you to attend our bi-monthly club meetings.

Club meeting dates:

Thurs., 6/2 & 8/4 at 6:30 p.m.

Ride schedule

Thurs. at 6 p.m. (except meeting days)

Saturdays at 9 a.m. & 1:30 p.m.

Sun. at 9 a.m. & 1:30 p.m. no charge

****Riders are encouraged to arrive 5 minutes early to discuss the group ride.**



Basic Home Manners for Dogs I

Instructor: Elaine Allman



Elaine is a member of the Association of Pet Dog Trainers and an American Kennel club Ambassador. This is a six week class that will help you learn how to build a trustworthy relationship with your dog and bring out the dog of your dreams. It's for all dogs 4 months old and up. This class will focus on the basics such as 1)attention 2)sit 3) down 4)stay 5)walking with you on a leash 6)come when called. Dogs must be current on all DHLPP and have a current rabies certificate. Class is limited to first 6 dogs signed up.

Register by: Wednesday, 7/6

Dates: Monday, 7/11-8/15 9 a.m.

Cost: \$30 mo./city \$60 mo./non-res.

Disc Golf Clinic

As a part of celebrate July – National Parks and Recreation month, we will be offering a disc golf clinic open to anyone at any age! You'll learn how the entire game is played as well as great tips that will make your game better. Disc golf is growing more popular each year and the game is fun and relaxing. There are many places to go and play in the area at no cost to you. So come learn disc golf as a family or on your own and see why this sport may be a new hobby for you.

Register by: Saturday, 7/9

Date: Tuesday, 7/12 6-7:30 p.m.

Raindate: Thursday, 7/14 no charge

Parks & Recreation Celebrating Life Blood Drive

July is Parks and Recreation month. Celebrate with us by saving a LIFE! Give blood, make a difference. Be a part of our winning team. give aways for donors.

Date: Tuesday, 7/26 1-5:30 p.m.

Summer Disc Golf Classic

Tournament at Kelsey Scott Park

Salisbury's Summer Disc Golf Classic is an annual tournament where fun competition brings out everyone and course records are on the line. The summer classis consists of is 2-day event combining two/18 hole rounds of disc golf action with men and women divisions. Course layout will be different for both days. Trophies will be awarded to 1st -3rd place finishers. This is one tournament you don't want to miss.

Register by: Saturday, 7/30

Dates: Friday & Saturday, 8/12 & 8/13

Players meeting: 6:15 p.m.

Friday tee time: 6:30 p.m.

Saturday tee time: 10 a.m.

Entry fee: \$15 per person

Carolina Shag Lessons

Beginners I

Would you like to add some fun and excitement to your summer? If you enjoy watching others dance and wish you could do the same, then we have something special for you. Come learn Carolina Shag n' Dance. Developed in the shores of the Carolinas, shag dancing is very popular and enjoyed by many young and old. It doesn't matter if you have no rhythm or two left feet. If you don't have a partner, that's okay! You can still learn anyway. You will learn all the EASY steps in a comfortable and easy going atmosphere that's fun for everyone. So convince yourself or your spouse or friend and add some spice to your life. You can't beat the price.

Register by: Friday, 6/3

Dates held: Mondays & Fridays

6/6-6/28 6-7 p.m.

Cost: \$15/city \$25/non-res. (8 weeks)

Carolina Shag Lessons

Beginners 2



For those who love to shag dance and know the basics here's an opportunity for you to learn even more. Beginner 2 shag lessons will take you through intermediate steps that add fancy footwork and lead turns to what you already know. Variations include lead patterns, sweeps, cha cha turns, side steps, smooth pause steps, southern shuffles, and more. Go ahead and mark your calendars so you can attend each class.

Register by: Friday, 6/3

Dates held: Mondays & Tuesdays

6/6-6/28 7 – 7:45 p.m.

Cost: \$10 city \$20 non-res. all 8 classes

Concord Mills Shopping Trip

Come with us and enjoy a fun filled day of shopping at the various outlet stores.

If this isn't enough, you can go to the movies, Jillian's, or Jeepers.

Register by: 6/24

Date: Saturday, 7/2 9 a.m. – 5 p.m.

Cost: \$3 city \$6 non-res.

Lazy 5 Ranch Outing

Exotic animals up close and personal. This is fun for everyone. Enjoy feeding the animals along with a fun hay ride.

Register by: 7/30

Date: Saturday, 8/6 9 a.m. – noon

Cost: \$9 city \$18 non-res.

2nd Annual



Carolina Artists Expo

Coordinator: Janet Isenhour

Back for a second year, Salisbury Parks & Recreation & the Carolina Artists present the 2nd annual "Peoples Choice" Carolina Artists Expo. Come and see the areas finest artists of all ages as their beautiful art works will be on display. Learn the artist's skills and techniques through demonstrations. This art competition will be open to all artists working in two dimensional media, and prizes will be awarded. There will be a reception to meet and greet artists in the area on Thursday, 8/25 from 6-8 p.m. Throughout the event, artists will demonstrate cartooning, Japanese Sumi Ink Painting, Watercolor, Collage, Pastel, and Pencil Draw. There will be 4 demonstrations each day of the Expo. Original art and prints will be available for purchase. For more info visit their website at www.carolinaartist.org.

Prizes: Best of show \$200

1st \$200, 2nd \$100, 3rd \$50

Painting entries & drop off: Wed., 8/24 10 a.m. – 2 p.m. or 4-6 p.m.

Dates: Thursday – Saturday, 8/25-8/27

Thursday & Friday – 10 a.m. – 8 p.m.

Saturday – 10 a.m. – 5 p.m.

Cost: For artwork: \$15 for current CA members, \$20 non-members (includes membership)

Donations accepted at the door for art show. Admission cost demonstration \$5.

HALL GYM

704-638-5289

Steve Clark

Randall King

YOUTH ATHLETICS

OPEN GYM

Come to Hall Gym during our open gym times and just shoot hoops or get into a pick-up game. Work off that excess energy and stress. All ages are welcome. **Hours of operation may vary depending on programs being offered.

Dates: Monday-Thursday May-Aug.

10 a.m. – 8 p.m. no charge

Fridays, 10 a.m. – 5 p.m.

Saturdays, 10 a.m. – 1 p.m.



Cane Street Stormers

If you're interested in playing street hockey then this program is for you. If you've played in the past or just beginning you need to come to Hall Gym. All skill levels for ages 7-13.

Dates: Fridays, 4/1- 5/20 3:30 – 5 p.m.

\$5 city \$10 non-res.

Hershey Youth Track and Field

On Your Mark! Get Set! Go! Boys and girls age 9-14 compete in the specialized track and field event with an opportunity to advance to the state competition. Events will include: 50, 100, 400 & 800 meter dashes, 4x100 meter dash, standing long jump, and softball throw. Come out and enjoy the fun. no charge
Date: Saturday, 4/30 10 a.m.

Youth Nights

Kids, its summer and you have nothing to do. Join us for a good time. Come hang out with your friends. Play sports, cards, and watch a movie.
Dates: Tues., 6/7, 6/21, 7/5 & 7/19
6:30 - 8 p.m. no charge



Indoor Soccer League (ages 5-8)

Come join the brand new indoor Soccer League at Hall Gym. This is an instructional league to help the kid's work on ball control, passing and shooting. There will be a 5-6 yr. old league (non-competitive), and a 7-8 yr. old league. Proper safety equipment is required. Volunteer coaches needed.
Register by: 4/8
Dates: Practices - 4/12-4/28 6-9 p.m.
Games: 5/2-5/25 6-9 p.m.
Cost: \$15 city \$30 non-res.



Pitch, Hit and Run (boys & girls age 9-14)

Baseball competition where boys and girls compete separately in hitting, pitching & running. Local winners have the opportunity to advance to Regional competition and then to the National finals held at the 2004 All-Star game.
Age groups: 9-10, 11-12 & 13-14
Register by: 5/16
Dates: Sunday, 5/15 from 2 p.m.
Cost: \$1 city \$2 non-res.

Girl's Slow Pitch Softball

Don't think you are ready for fast pitch softball yet. Come out and play slow pitch softball and learn the game and prepare yourself to play the game of fast pitch softball. League begins 6/6 and runs through the end of July. Come have fun in the slow pitch softball league.
Register by: 5/27
Dates: Practices - 6/6-6/20 6 p.m.
Games: 6/21-7/21 6 p.m.
Cost: \$25 city \$30 non-res.

Golf Camp I

(boys & girls ages 7-14)

Instructors will teach fundamentals and ethics in all areas of golf. Participants will have the opportunity to play par 3's, hit at a driving range, work on putting, and other activities. Participants must bring their own golf clubs and lunch. Limited to 18 participants.
Register by: 6/3
Dates: Monday - Friday, 6/13-6/17
9 a.m. - 4 p.m.
Cost: \$50 city \$100 non-res.

Golf Camp II

Register by: 8/5 (limit 18 participants)
Dates: Monday - Friday, 8/8-8/12
9 a.m. - 4 p.m.
Cost: \$50 city \$100 non-res.



Advanced Golf Camp (coed ages 11-15)

This golf camp is for the more experienced youth. Instructors will teach the fundamentals and ethics of golf in all areas. Participants will have the opportunity to play par 3's, hit at a driving range, walk a full 18 hole golf course and other fun activities. Participants must bring their own golf clubs and lunch. Golf pull cart is recommended. Limited to first 12 participants.
Register by: 7/15
Dates: Monday - Friday, 7/15-7/29
9 a.m. - 4 p.m.
Cost: \$50 city \$100 non-res.

Summer Sports Bonanza (ages 7-15)

A sports contest will be held on Wednesdays this summer. Contest will be broken down by age groups with winners receiving prizes each day. The contest will begin at 3 p.m.
Register by: 6/29
Dates: Wednesdays, 6/29-7/20
3-5 p.m. no charge

Little Athletes Package (coed ages 4-6)

Let us teach your little athlete the basic fundamentals of these popular sports. We emphasize fun and good sportsmanship. Get 4 programs for the price of 3. Programs include Little Sluggers baseball, Little Kickers soccer, Little Dribblers basketball and Little Tacklers football. Programs will run on Tuesdays & Thursdays during the months of August & Sept. Parents are encouraged to participate.
Register by: 8/2/03
Dates: Tuesdays & Thursdays, 8/2-9/22

5:30 - 6:30 p.m.

Cost: \$30 city \$60 non-res.



Little Sluggers Baseball (coed ages 4-6)

Play ball!!! Opportunity for boys and girls to learn the basic skills of baseball: hitting, throwing, running and catching. A GREAT learning experience and lots of fun for your child. Parents can play too! Register by: 8/1
Dates: Tues. & Thurs., 8/2-8/11
5:30 - 6:30 p.m.
Cost: \$10 city \$20 non-res.
Location: Sports Complex

Little Kickers Soccer (coed ages 4-6)

An opportunity for boys and girls to learn the basic skills of soccer from head to toe: dribbling, passing, defense and more. A GREAT learning experience and lots of fun. Parents can play too! Register by: 8/15
Dates: Tues. & Thurs., 8/16-8/25
5:30-6:30 p.m.
Cost: \$10 city \$20 non-res
Location: Livingstone College



Little Dribblers Basketball (coed ages 4-6)

Its back! An opportunity for boys and girls to learn the basic skills of basketball: dribbling, shooting, passing, defense and more...a great learning experience and lots of fun! Parents can play too! Register by: 8/29
Dates: Tues. & Thurs., 8/30-9/8
5:30-6:30 p.m.
Cost: \$10 city \$20 non-res.

Little Tacklers Football (coed ages 4-6)

Something new is here for your little athlete- Little Tacklers. Boys and girls will learn the basic skills of football: running, passing, catching, defense and much more. Parents can play too. Register by: 9/12
Dates: Tues. & Thurs., 9/13-9/22
5:30 - 6:30 p.m.
Cost: \$10 city \$20 non-res.



Punt, Pass & Kick competition (coed ages 8-15)

Here is a memorable competition for boys and girls to show how they can kick and throw the football. Enter the local competition with a chance to advance and compete at halftime at a Carolina Panther football game.

Age divisions: 8-9, 10-11, 12-13, & 14-15. Boys and girls will compete separately.

Register by: 9/18

Date: Sunday, 9/18 2 p.m.

Cost: \$1 city \$2 non-res.

Location: Catawba College Football Stadium

ADULT ATHLETICS

Supervised Walking Program at the Greenway

Instructor: Bob Zirt

The Salisbury Parks & Recreation Department and Salisbury Rowan Runners Club invites you to walk the Salisbury Greenway. Our supervised walking program is designed to promote the benefits of walking, exercise and healthy lifestyles. Walk with others and learn more about our Salisbury Greenway trail as well. Walk begins at 5:30 p.m. and will start at Knox Middle School beside the tennis courts.

Register: at the walk site

Dates: Mon., Wed., and Fri., year round
5:30 p.m. no charge

Coed Softball League

USSSA sanctioned coed softball league for ages 18 & over. Sanction fee not included and will be paid separately (\$20). Teams will play once a week starting the end of July. Coaches meeting 7/12, 6:30 p.m./ Hall Gym

Register by: 7/12

Dates: Sundays, beginning 7/24
2-6 p.m.

Cost: \$350/team + \$20 sanction fee

Ladies Morning Basketball

That's right ladies, no guys allowed. Program is designed for ladies to come out and play pick-up games or just shoot around. Have some fun, relieve some stress and test your skill against other ladies in town.

Program will run for 8 weeks.

Register by: 6/11

Dates held: Saturday, 6/11-7/30

10 a.m. - 12 noon no charge

Men's Open Softball League

USSSA sanctioned open softball league for men 16 & over. Sanction fee not included and will be paid separately (\$20 team). Teams will play twice a week beginning the last week of July.

Coaches meeting 7/19, 6:30 p.m. Hall Gym. Registration: 6/13 teams that played previous year.

6/20 for new teams

Dates: Mon. - Wed. beginning 8/1



Cost: \$450 team/ \$20 sanction fee
Sports Complex

Men's Church Softball League

USSSA sanctioned Church Softball League for men 16 & over. Sanction fee will be paid separately \$20. Teams will play twice a week with the season beginning the end of July. Coaches meeting July 19 at Hall Gym.

Registration: 6/13 teams that played previous year.

6/20 for new teams

Dates: Tues. - Thurs. beginning 8/2
6-10 p.m.

Cost: \$400 team /\$20 sanction fee
Sports Complex

Coed Volleyball Night

All men and women are welcome on Wednesday nights beginning August 4 to play volleyball. Opportunity to come out, have some fun and relieve some stress. Bring a team or just show up to play. Program will run for 8 weeks.

Register by: 8/3

Dates: Wednesdays, 8/3-9/28

6-8 p.m. no charge

MILLER CENTER

704-638-5297

April Hawkins



YOUTH PROGRAMS

Summer Day Camp

(ages 5-12)

Summer Camp at the Miller Center is "The Place to Be". Children ages 5-12 get ready for 13 weeks of fun, exciting and educational day camps. Camp will offer a wide variety of activities including: arts & crafts, swimming, games, movies, guest speakers, and field trips. Participants will also receive a t-shirt and box lunches.

Registration begins: Monday, 4/11 for CITY residents only

Open registration: 4/18

Camp dates: 5/31-8/24

Cost: \$55 wk/city \$110 wk/non-res.

7:30 a.m. - 5:30 p.m.

Payment in full for the first week your child is registered. A \$10 (non-refundable deposit) for each week you wish to reserve a slot. The balance is due the Friday before the next week begins. Children should wear comfortable clothes & tennis shoes. Discount available for multiple children.

Visit our website....

www.SalisburyNC.org/pkrec



Girl Scouts

(all ages)

Become a member of the Girl Scouts. Take part in various programs that will have a positive influence on your daughter's life. Numerous topics will be discussed: peer pressure, establishing goals, mentoring sessions, and more. Two sessions are available. Snacks and refreshments provided. Registration: on going

Dates: Mondays throughout the summer.
9-10:30 a.m. no charge



Babysitting

through the American Red Cross

Now is the time to earn a little extra money this summer. The Miller Recreation Center in cooperation with the American Red Cross will be offering an instructional class in babysitting techniques. The course will feature babysitting skills, safety practices, and first aid procedures. Class is limited to the first 12 who sign up.

Register by: Monday, 5/23

Date: Thursday, 5/26 9 a.m. - 3 p.m.

Cost: \$50 per person which includes babysitter handbook, babysitters first aid kit and certification card. Bring a bag lunch. Drinks will be provided.

Masters of Disasters

Instructor: American Red Cross

Teaches students K-5th grade how to be prepared and what to do in case of hurricanes, tornados, earthquakes, floods and lightning.

Register by: Monday, 6/6 no charge

Date: Friday, 6/10 9 a.m. - 3 p.m.

Infant/Child CPR

Instructor: American Red Cross

This class is for children and adults ages 12 & up. You will learn how to care for infants and children who have choking, breathing, or cardiac emergencies. Class is limited to the first 12 who sign up.

Register by: Monday before class

Class date: Thursday, 8/18

6-8 p.m. no charge

*Senior programming is provided
at Rufty Holmes Senior Center
1120 S. Boundary Street through
financial support from the
City of Salisbury.*

LINCOLN POOL Public Swim Lincoln Pool

Be cool...take a dip in Lincoln Pool. We are gearing up for a heated summer. Enjoy nice refreshing swims during the day. We can accommodate you no matter the occasion...birthdays, anniversaries, family reunions, etc. Opening date: Monday, May 23 Tuesday, 5/24 3:30- 7 p.m.
Dates: Mondays 1-6 p.m.
Tuesday - Thursday 3:30 - 6 p.m.
Friday & Saturday 1-5 p.m.
Cost: \$1 youth \$2 adults

Swimming Techniques all ages

Get over your fear of water. Take swimming lessons to reduce that fear. We will teach various stroked, safe water issues, breathing techniques, and much more.

Register at Miller Center
Dates: Session 1: Saturdays, 6/4-6/25
11 a.m. - 12 noon
Cost: \$16 city/session or \$5 class
\$32 non-res. /session or \$10 class

ADULT/FAMILY PROGRAMS

Senior Social Organization

Coordinators: Samuel Williams & Evelyn Clayborn

We are the liveliest bunch of seniors you'll ever meet...we do it all...cooking, singing, traveling, and more. Spend your mornings with us. You're guaranteed "not" to regret it.

Registration: on going
Dates: every Thursday beginning 5/5
10 a.m. - 12 noon no charge

Red Hat Society Club

Tired of sitting at home? Looking for a smart, fun loving group of ladies to socialize with? We do everything from local luncheons, to out of town trips.

Note: Members will cover their own expenses. Registration: on going
Call Miller Center for details.

Family Health Day

The Miller Recreation Center and Hall Gym are coordinating a fun day for the whole family. The American Red Cross will provide cholesterol screening and blood pressure checks. In addition the Salisbury Police Department and Fire Department will be on hand for some interesting demonstrations. We will have a hot dog lunch for everyone at 12

noon. There is no charge for this community event. no charge
Date: Saturday, 6/4
10 a.m.-12 noon

First Aid

Instructor: American Red Cross
This class is for ages 12 and up. It will teach individuals how to care for wounds, bleeding, burns, muscle, bone and joint injuries and sudden illnesses. Class size is limited to the first 12 who sign up.

Register by: Monday, 6/6 no charge
Date: 6/6 6-8 p.m.

Adult CPR

Instructor: American Red Cross
This class is designed for ages 12 and up. You will learn how to handle sudden cardiac arrest, choking and breathing emergencies.

Register by: Monday, 6/13 no charge
Date: Wednesday, 6/15 6-8 p.m.

Introduction to Disaster Services

Instructor: American Red Cross
What is a disaster? How does it affect people? Who responds? The Red Cross has been helping people since 1881 to meet the needs caused by disaster. Learn 3 key points of what the Red Cross does-prepare, react, and recover. Most important, learn how you can be a Red Cross volunteer. Class is limited to the first 20 who sign up.

Register by: Monday, 7/4
Date: Thursday, 7/7 6-8 p.m.

Don't Let Gas Prices Get Down, PARK IT

At Salisbury Parks & Recreation PARK SITES

Cannon Park	600 Park Ave
City Park	316 Lake Drive
Fairview Hgts	Harrell Street
Forest Hills	230 Grove Street
Greenway	Old Mocksville Rd.
Jersey City	709 W. Kerr
Kelsey Scott	1920 Wilkesboro
Long Street	1515 N. Long St.
Morlan Park	525 Carolina Blvd.
Oakland Hgts	1301 Longview Ave
Towne Creek	315 S. Boundary
Salisbury Community Park	
935 Hurley School Road	

OTHER FACILITIES

Sports Complex	1113 Walnut Street
Lincoln Pool	110 Old Concord
Maintenance	818 S. Boundary

3 Easy ways to register

1. Visit us on line at:
www.salisburync.org/pkrec

2. Stop by in person

3. Clip Coupon and mail with payment to:

Salisbury Parks & Recreation
P.O. Box 4053
Salisbury, NC 28145-4053



Shelter reservations for City Park, Kelsey Scott Park and Salisbury Community Park can be made by calling the Administrative Office no later than 1 week in advance. There is a \$10 reservation fee. 704-638-5291

REGISTRATION FORM

Title of Class

Location of Class Day & Time

Name

Address

City, State, Zip Code

Telephone (home) (business)

Age (if under 18) grade

WAIVER MUST BE SIGNED BY PARTICIPANT OR PARENT. The undersigned agrees to abide by the rules and regulations as established by this department and further state: "In consideration of your accepting this entry, we hereby, for ourselves, heirs, executors, or administrators, waive and release all rights and claims for damages we may have against the Salisbury Parks and Recreation Department, their agents, representative, or assignees for any and all injuries which may be suffered by the participant during participation."

Participant or Parent Signature